HEALTH AND HEALTH POLICIES

FROM THE PERSPECTIVE OF DIFFERENT THOUGHT SYSTEMS:

A COMPARATIVE APPROACH



PROF. DR. HASAN HÜSEYİN YILDIRIM

Health Policy Books

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ABOUT THE AUTHOR

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Hasan Hüseyin Yıldırım graduated as valedictorian from the School of Health Administration at Hacettepe University in 1996. In the same year, he began his academic career as a Research Assistant at the School of Health Administration. He subsequently earned his master's and doctoral degrees from the Department of Health Management at Hacettepe University (Ankara, Türkiye).

In 2005–2006, Yıldırım served as a Visiting Research Associate at the LSE Health, London, as a scholarship recipient. He continued his academic career as a faculty member in the Department of Health Management at Hacettepe University until the end of 2017.

Since 2018, Yıldırım has been a faculty member in the Department of Health Management, Gülhane Faculty of Health Sciences, University of Health Sciences, Ankara, Türkiye. Alongside his academic career, he has also undertaken various responsibilities at different levels of public administration and bureaucracy, including serving as the Founding President of the Turkish Health Policy Institute (TÜSPE), Turkish Health Institutes Presidency (TÜSEB), from 2017 to 2023.

Yıldırım specializes in health policy, with his scholarly work focusing primarily on policy, management, and economics related to health, healthcare services, and health systems. In recent years, he has increasingly focused his research on Islam, Health and Medical Studies, with particular emphasis on Tibb al-Nabawi (Prophetic Medicine).

Within this field, he established the Islam, Health and Medical Research (İslam, Sağlık ve Tıp Araştırmaları-İSSAR) initiative and the Tibb al-Nabawi Centre (Tıbb-ı Nebevi Merkezi-TNM) as online research platforms (www.tibbinebevimerkezi.com). He has also launched the Islam, Health and Medical Research Series and the Tibb al-Nabawi Collection ([www.tnmkitap.com)], contributing to the development and dissemination of scholarly and educational works in this emerging field.

In addition, drawing upon his scholarly accumulation and intellectual journey grounded in a Tawhidic/Islamic system of thought,

Yıldırım organizes seminars, talks, and conversations under the motto "Drops Falling into the Heart" [Kalbe Düşen Damlalar (KDD)], with the intention of sharing his knowledge and reflections with others for the sake of seeking the pleasure of Allah (SWT). These gatherings are offered entirely free of charge.

For further information: www.bio.site/hhy

SPM | HEALTH POLICY CENTRE

The Health Policy Centre (Sağlık Politikaları Merkezi-SPM), based in Ankara-Türkiye generates and disseminates innovative, original, creative, and applicable knowledge through R&D-based consultancy, research, education, and publishing activities carried out in a holistic and integrated manner, primarily focusing on the policy, management, and economics dimensions of health, healthcare services, and health systems, as well as other relevant fields.

In this context, through the HealthPolicyBooks.com series, our aim is to address, in a holistic and integrated manner, the need for original and scientifically rigorous books in the field of health management. The series brings together books authored by scholars with established expertise in their respective fields, with the objective of contributing to the development of a distinctive and scientifically grounded body of literature in health management.

About the HealthPolicyBooks.com Series

The HealthPolicyBooks.com series is dedicated to advancing scholarly knowledge and fostering intellectual innovation in the field of health policy and management. The series seeks to respond to the growing need for original, scientifically rigorous, and conceptually grounded books that address contemporary challenges in health management and health policy.

The series brings together books authored by scholars and academics with established expertise in their respective fields. Through these contributions, HealthPolicyBooks aims to develop and disseminate a distinctive body of scholarly literature that approaches health management from holistic, integrated, interdisciplinary, and evidence-informed perspectives.

The series is committed not only to addressing existing gaps in the academic literature but also to encouraging new ways of thinking about health policy, health systems, healthcare management, and related fields. In this regard, it seeks to provide a scholarly platform where established knowledge can be critically examined, emerging perspectives can be explored, and innovative approaches can be developed.

Ultimately, HealthPolicyBooks aims to contribute to the advancement of health management scholarship by bringing together academic rigor, intellectual originality, and a holistic understanding of health and healthcare systems.

Selected Publications

- Yıldırım HH. (2026). Health and Health Policies from the Perspective of Different Thought Systems: a Comperative Approach. First Edition, HealthPolicyBooks.com, Ankara, Türkiye.
- Yıldırım HH and Yıldırım T. (2022). European Union Health Policies and Systems. Fourth Edition. HealthPolicyBooks.com, Ankara, Türkiye.
- Konca M and Yıldırım HH. (2021). Creating Fiscal Space in Health Systems: Theory and Practice. Second Edition. HealthPolicyBooks.com, Ankara, Türkiye.
- Yıldırım HH. (2020). Branding in Health Tourism: A Strategic Business Model Proposol For Countries. Second Edition. HealthPolicyBooks.com, Ankara, Türkiye.

ABBREVIATIONS

AS	Alayhi al-Salaam
et al.	et alii/and others
HPB	Health Policy Books
İDE	İslam Düşünce Enstitisü (Institute of Thought System)
ISSAR	İslam, Sağlık ve Tıp Araştırmaları (Islam, Health and Medicine Research)
KDD	Kalbe Düşen Damlalar (Drops Falling into the Hearth)
LSE	London School of Economics
PBUH	Peace Be Upon Him
R&D	Research and Development
SBÜ	Sağlık Bilimleri Üniversitesi (University of Health Sciences)
SPM	Sağlık Politikaları Merkezi (Health Policy Centre)
SWT	Subhanahu wa ta'ala
T/ITS/IST	Tawhidic/Islamic Thought System/Islamic System of Thought
TNM	Tıbb-ı Nebevi Merkezi (Prophetic Medicine Centre)
TÜSEB	Türkiye Sağlık Enstitüleri Başkanlığı (Turkish Health Institutes Presidency)
TÜSPE	Türkiye Sağlık Politikaları Enstitüsü (Turkish Health Policy Institute)
WHO	World Health Organization
WTS/WST	Western Thought System/Western System of Thought

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PREFACE

Euzü Billahi Mineşşeytanirracim
(A'udhu billahi minash-shaytanir-rajim)

Bismillahirrahmanirrahim
(In the Name of Allah—the Most Compassionate, Most Merciful)

Elhamdülillahi Rabbil Alemin

(All praise is for Allah—Lord of all worlds)

Vessalatü Vesselamü Ala Rasülina Muhammedin Ve Ala Alihi Ve Sahbihi Ecmain

(Blessings and peace be upon our Messenger Muhammad, and upon his family and all his companions.)

Rabbişrahli sadri ve yessirli emri. Vahlul ukdeten min lisani yefkahu kavli
(Moses prayed, "My Lord! Uplift my heart for me, and make my task easy, and remove the impediment from my tongue so people may understand my speech) (Surah Taha 25-28).

Rabbi yessir ve la tuassir Rabbi temmim bil hayr
(My Lord, make it easy and do not make it difficult. My Lord, bring my work to completion with goodness and khayr).

The Health Policy Centre (Sağlık Politikaları Merkezi-SPM) generates and disseminates innovative, original, creative, and applicable knowledge through R&D-based consultancy, research, education, and publishing activities carried out in an integrated manner, primarily in the fields of health, healthcare services, and health systems, with a particular focus on their policy, management, and economic dimensions, as well as other relevant areas.

As the SPM, we are deeply pleased and grateful to bring to the world of publishing our books—comprising original and scientific works that are Tawhidic, holistic, integrated, and complementary to one another—and to make them available for the benefit and service of our valued readers. We can never be sufficiently grateful to Almighty Allah (SWT) for this blessing.

Through books authored by distinguished and competent scholars in their respective fields, the series aims to address the need for original and scientific books in the field of health management and

policy in a holistic and integrated manner.

This book in our series has been authored by Prof. Dr. Hasan Hüseyin Yıldırım and is entitled "Health and Health Policies from the Perspective of Different Thought Systems: a Comparative Approach."

The realization of our books has involved the efforts and contributions of many individuals—foremost among them our editors and authors. We sincerely thank each and every one of them, and we pray that Almighty Allah (SWT) be pleased with them all and reward their efforts.

And, naturally, human beings are merely causes and means (esbâb and vesile); the ultimate Originator and Bringer-into-Being is Almighty Allah (SWT). Had our Lord (SWT) not willed these works to come into existence and brought them into being, we would not have been able to accomplish even the smallest part of them. We can never be sufficiently grateful to Almighty Allah (SWT).

It is our sincere hope that our books will be beneficial to all who are interested in and may benefit from them.

The effort is from us; the success and enabling grace (tawfiq) are from Allah (SWT).

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